



The Kitchen
At John Hellins

Menu - Summer Term 2024

Lunches can be booked via the Parentpay system (<https://www.parentpay.com/>). Meals can be booked weekly or for a half term. Full booking instructions are available on our website. Meals must be booked by midnight on Wednesday for the following week. If you have any difficulties ordering online, please contact the school office on 01908 542405 or email office@johnhellins.co.uk.

Allergens are listed on Parentpay. Meals are cooked from scratch in our on-site kitchen.

Week Commencing: 15th April, 6th May, 3rd June, 24th June, 15th July					
	Main	Vegetarian/Vegan	Light Bite	Sides	Pudding
Monday	JH 'Whopper' Burger (Optional Ketchup)	JH 'Whopper' Veggie Burger (Optional Ketchup) (V,VG)	Jacket Potato with Baked Beans (V,VG)	Fresh Bread and Salad Bar	Pudding of the Day
Tuesday	Pasta Carbonara	Pasta Neapolitan (V,VG)	Cheese and Tomato Pitta Pizzas (V)	Fresh Focaccia and Salad Bar	Pudding of the Day
Wednesday	All Day Breakfast (Sausage, Bacon, Baked Beans and Hash Browns)	All Day Breakfast (Vegan Sausage, Vegan Bacon, Baked Beans and Hash Browns) (V, VG)	Ham and Cheese Pin Wheels	Fresh Bread and Salad Bar	Pudding of the Day
Thursday	Roast Chicken, Roast Potatoes, Seasonal Vegetables, Gravy and Yorkshire Pudding	'No Chicken' Roast, Roast Potatoes, Seasonal Vegetables and Gravy (V, VG)	Mini Baguette with Ham, Cheese, Chicken or Hummus (or Combination)	Fresh Baguette and Salad Bar	Pudding of the Day
Friday	Fish Goujons, Homemade Chips and Baked Beans	'Fishless' Goujons, Homemade Chips and Baked Beans (V, VG)	Giant Pigs in Blankets (Optional Ketchup)	Breadsticks and Salad Bar	Pudding of the Day

Week Commencing: 22nd April, 13th May, 10th June, 1st July, 22nd July					
	Main	Vegetarian/Vegan	Light Bite	Sides	Pudding
Monday	'Jeggs' Cheese and Bacon Turnover with Wedges	'Jeggs' Vegan Cheese and "Not Bacon" Turnover with Wedges (V,VG)	Jacket Potato with Baked Beans (V,VG)	Fresh Bread and Salad Bar	Pudding of the Day
Tuesday	Spaghetti and Meatballs in Hidden Veg Sauce	Spaghetti and Vegan Meatballs in Hidden Veg Sauce (V,VG)	Cheese and Tomato Pitta Pizzas (V)	Fresh Focaccia and Salad Bar	Pudding of the Day
Wednesday	'McHellins' Sausage and Egg Muffin (Optional Ketchup)	'McHellins' Vegan Sausage Muffin (Optional Ketchup) (V,VG)	Ham and Cheese Pin Wheels	Fresh Bread and Salad Bar	Pudding of the Day
Thursday	Roast Gammon, Roast Potatoes, Seasonal Vegetables, Gravy and Yorkshire Pudding	'No Chicken' Roast, Roast Potatoes, Seasonal Vegetables and Gravy (V, VG)	Mini Baguette with Ham, Cheese, Chicken or Hummus (or Combination)	Fresh Baguette and Salad Bar	Pudding of the Day
Friday	Tomato and Cod Tray Bake with New Potatoes and Seasonal Vegetables	Vegetarian Fillet in Tomato Sauce with New Potatoes and Seasonal Vegetables (V, VG)	Giant Pigs in Blankets	Breadsticks and Salad Bar	Pudding of the Day
Week Commencing: 29th April, 20th May, 17th June, 8th July					
	Main	Vegetarian/Vegan	Light Bite	Sides	Pudding
Monday	Popcorn Chicken with Skinny Fries and Corn on the Cob	Vegan Nuggets with Skinny Fries and Corn on the Cob (V, VG)	Jacket Potato with Cheese or Baked Beans (or Combination) (V,VG)	Fresh Bread and Salad Bar	Pudding of the Day
Tuesday	Salmon, Cream Cheese and Peas 'Summer Shell' Pasta	Hidden Veg 'Summer Shell' Pasta with Optional Grated Vegan Cheese (V,VG)	Cheese and Tomato Pitta Pizzas (V)	Fresh Focaccia and Salad Bar	Pudding of the Day
Wednesday	Breakfast Wrap (Egg, Bacon, Sausage and Hash Brown) with Side Salad	Vegan Breakfast Wrap (Vegan Bacon, Vegan Sausage and Hash Brown) (V,VG)	Ham and Cheese Pin Wheels	Fresh Bread and Salad Bar	Pudding of the Day
Thursday	Roast Pork, Roast Potatoes, Seasonal Vegetables, Gravy and Yorkshire Pudding	'No Chicken' Roast, Roast Potatoes, Seasonal Vegetables, Gravy (V, VG)	Mini Baguette with Ham, Cheese, Chicken or Hummus (or Combination)	Fresh Baguette and Salad Bar	Pudding of the Day
Friday	Tuna Mayo Jacket Potato	Jacket Potato with Vegan 'Tuna Mayo' (V, VG)	Giant Pigs in Blankets	Breadsticks and Salad Bar	Pudding of the Day