



The Kitchen

At John Hellins

Menu - Spring Term 2024

Lunches can be booked via the Parentpay system (<https://www.parentpay.com/>). Meals can be booked weekly or for a half term. Full booking instructions are available on our website. Meals must be booked by midnight on Wednesday for the following week. If you have any difficulties ordering online, please contact the school office on 01908 542405 or email office@johnhellins.co.uk.

Allergens are listed on Parentpay. Meals are cooked from scratch in our on-site kitchen.

Week Commencing: 1 st Jan, 22 nd Jan, 12 th Feb, 4 th March, 25 th March 2024					
	Main	Vegetarian/Vegan	Light Bite	Sides	Pudding
Monday	Loaded Nachos with Mild Chilli, Sour Cream and Grated Cheese	Loaded Nachos with Mild Veggie Chilli and Vegan Cheese (V, VG)	Cheese and Tomato Pin Wheels (V)	Fresh Bread and Salad Bar	Pudding of the Day
Tuesday	Chicken and Ham Pie with Seasonal Vegetables	Spicy Chickpea and Vegetable Pie with Seasonal Vegetables (V, VG)	Bacon Bap	Fresh Baguette and Salad Bar	Pudding of the Day
Wednesday	Macaroni Cheese with a Crunchy Herby Topping (V)	Vegan Macaroni Cheese with a Crunchy Herby Topping (V, VG)	Jacket Potato with Baked Beans (V, VG)	Fresh Focaccia and Salad Bar	Pudding of the Day
Thursday	Roast Chicken, Roast Potatoes, Seasonal Vegetables, Gravy and Yorkshire Pudding	Roast Vegan Loaf, Roast Potatoes, Seasonal Vegetables and Gravy (V, VG)	Mini Baguette with Ham, Cheese or Chicken (or Combination)	Fresh Bread and Salad Bar	Pudding of the Day
Friday	Fish Fingers, Homemade Chips and Seasonal Vegetables	'Fishless' Fingers, Homemade Chips and Seasonal Vegetables (V, VG)	Homemade Sausage Roll	Fresh Bread and Salad Bar	Pudding of the Day

Week Commencing: 8th Jan, 29th Jan, 19th Feb, 11th March 2024					
	Main	Vegetarian/Vegan	Light Bite	Sides	Pudding
Monday	Chicken and Vegetable Fajitas (Optional Salsa, Guacamole and Cheese)	'Not Chicken' and Vegetable Fajitas (Optional Salsa, Guacamole and Vegan Cheese) (V, VG)	Cheese and Tomato Pin Wheels (V)	Fresh Bread and Salad Bar	Pudding of the Day
Tuesday	Cottage Pie with Crispy Potato Topping	Vegan Cottage Pie with Crispy Potato Topping (V, VG)	Bacon Bap	Fresh Baguette and Salad Bar	Pudding of the Day
Wednesday	Homemade Ham and Cheese Pizza with Side Salad	Homemade Cheese and Tomato Pizza with Side Salad (V)	Jacket Potato with Baked Beans (V, VG)	Fresh Focaccia and Salad Bar	Pudding of the Day
Thursday	Roast Gammon, Roast Potatoes, Seasonal Vegetables, Gravy and Yorkshire Pudding	Roast Vegan Loaf, Roast Potatoes, Seasonal Vegetables and Gravy (V, VG)	Mini Baguette with Ham, Cheese or Chicken (or Combination)	Fresh Bread and Salad Bar	Pudding of the Day
Friday	Grilled White Fish with Herb Crumb, Chips and Baked Beans	Jacket Potato with Vegan 'Tuna Mayo' (V, VG)	Homemade Sausage Roll	Fresh Bread and Salad Bar	Pudding of the Day
Week Commencing: 15th Jan, 5th Feb, 26th Feb, 18th March 2024					
	Main	Vegetarian/Vegan	Light Bite	Sides	Pudding
Monday	'Johndos' Peri-Peri Chicken with Skinny Fries and Corn on the Cob	'Johndos' Spicy Beanburger with Skinny Fries and Corn on the Cob (V, VG)	Cheese and Tomato Pin Wheels (V)	Fresh Bread and Salad Bar	Pudding of the Day
Tuesday	Chicken Casserole with Seasonal Vegetables	Vegetable and Bean Casserole with Seasonal Vegetables (V, VG)	Bacon Bap	Fresh Baguette and Salad Bar	Pudding of the Day
Wednesday	Spaghetti Bolognese	Spaghetti Neapolitan (Optional Cheese) (V, VG)	Jacket Potato with Baked Beans (V, VG)	Fresh Focaccia and Salad Bar	Pudding of the Day
Thursday	Roast Pork, Roast Potatoes, Seasonal Vegetables, Gravy and Yorkshire Pudding	Roast Vegan Loaf, Roast Potatoes, Seasonal Vegetables, Gravy (V, VG)	Mini Baguette with Ham, Cheese or Chicken (or Combination)	Fresh Bread and Salad Bar	Pudding of the Day
Friday	Tuna Mayo Jacket Potato with Side Salad	Vegan 'Tuna Mayo' Jacket Potato with Side Salad (V, VG)	Homemade Sausage Roll	Fresh Bread and Salad Bar	Pudding of the Day