



Project Planning: Term 1

WEEK 1 AND 2: Ancient Greece

OLYMPIC RINGS- Looking in books and online to investigate what they stand for. Making our own version of the Olympic rings using different materials and colours to symbolise what they represent.

HISTORY OF THE OLYMPICS- Understanding the history of the Olympics (through videos and pictures) including ancient Olympics and comparing them to more modern Olympic events, being able to present this as a group looking at a specific part of the Olympics over time.

OLYMPIC Mascots - Look at a range of pictures online created from previous Olympic games and being able to re-create this using a range of colours and materials.

WINTER AND SUMMER OLYMPICS- What actually makes them so different other than the time of season? Investigating and carrying out research on Ipads, the events that take place. Making their own Olympics for either summer or winter and being able to plan in groups to design their own Olympics of their choice with reasons why.

Week 3 AND 4: Sport around the world

SPORTING VENUES- Researching online a range of sports and venues where they are played. Discussing as a class how it can be different with different sports and countries. The children will then get a chance to draw and feature spot a stadium of their choice outlining its features with the help of Ipads and images.

WINNERS OF OLYMPICS- Locating different parts of the world using maps and determining why some places might be better at some sports than others. Developing a understanding through YouTube videos of how different cultures celebrate winning and how this has developed over the years.

SPORT ART- Looking into different sports and the art which is produced by some of these including banners/ flags and allowing the children to develop their own banner or flag representing an Olympic sport of their choice.

BUILD YOUR OWN- After researching a range of different venues online through images the children will then be able to design their own stadium thinking about what features they would like in their own stadium and why.

WEEK 5 AND 6: Food and exercise

FOOD GROUPS - A look into the different food groups using YouTube to help define what the differences between the groups are. Sort foods into different groups using real foods and hoops which the children will then record in their books listing them under different food groups.

EATWELL PLATE -Using the internet and images being able to understand what the eatwell plate is. Looking at similarities between foods and discussing as a group where some foods might go into the eatwell plate. The children will then make their own visual eatwell plate using paper plates and labelling different areas of the plate.

DESIGN A MEAL - The children will then be assigned a challenge to design a meal with a budget using a specific grocery store online to find their food. We will discuss what a healthy meal may look like together before making their own using the online shop. Children will then make an accompanying menu using PowerPoint to display why they have chosen that specifically.

EXERCISE - Researching online into why exercise and healthy eating go so well together looking at different types of warm ups for different sports. We will then look at taking part in our own warm ups and the children designing their own warm ups.



WEEK 7: Teeth and Bones

HOW IMPORTANT ARE TEETH - Looking online and on YouTube to discover why teeth are important to us. The children will make their own poster using the laptops promoting the importance of maintaining healthy teeth. Also an experiment into why it is important to drink the correct fluids and what happens if we do not brush our teeth.

MUSCLES IN THE BODY - Looking at pictures of different muscles in our body and what they do. Watch different scientists talk about muscles. Discuss why people warm up. Take part in a warm up. In groups children will then design their own warm ups.

BONES IN THE BODY - Look at pictures of different bones and differences between children and adults bones. Listen to a clip of a scientist talk about the importance of bone development. Look at different images of human and animal bones children will then label their own main bones within the body.

DIGESTIVE SYSTEM - Looking at clips on YouTube to identify how the digestive system works. Highlight main parts of the digestive system in poster form and using online sources be able to label these parts and the functions of this too.

WEEK 8: Famous sport people

PEOPLE IN SPORT - Look into different sports and different people internationally and nationally ranging from the Olympics to football and rugby etc. The children will then get a chance to develop this into a fact file about a certain player who they like. This will be presented in a factual but exciting way to grab other people's attention.

WOMEN IN SPORT - Researching online the recent revolution of women's sport. Investigating why it is so important for everyone to be involved within sport. Researching key areas such as funding and why there is so much difference in money between the men's and women's teams.

REFEREES IN SPORT - Looking at YouTube videos at why referees in sport are so important, but also why referees may face some difficulties in their role and also how they are treated differently within different sport. The children will gain an understanding of why being respectful to the referee is important.

DESIGN SPORTS EQUIPMENT - The children will get a chance to develop and make their own type of sporting equipment creating a prototype. This will then be pitched in the style of Dragons Den presentation to investors.